

Nail Treatments

Mini Manicure €10.00

This includes removal of Polish, shaping of nails. Nails being varnished with a Top Quality one colour nail polish

Intensive Manicure €17.50

This includes shaping of nails, cuticle work, full hand & arm massage is included to improve circulation. Nails being varnished with a Top Quality one colour nail polish

Mini Pedicure €12.50

This includes feet being soaked, nail cut and shaped. Nails being varnished with a Top Quality one colour nail polish

Intensive Pedicure €20.00

This includes shaping of nails, cuticle work, removal of hard skin, full foot & lower leg massage is included to improve circulation. Nails being varnished with a Top Quality one colour nail polish

Spa Manicure €25.00

This treatment will commence with a Manicure followed by a luxurious natural exfoliator applied to your hand & lower arm, removing dry & dead skin cells, followed by a massage and luxury Tranquillity Mask. Finished with a varnish of Your choice.

Spa Pedicure €27.50

This treatment will commence with a Pedicure followed by a luxurious natural exfoliator applied to your feet & lower legs, removing dry & dead skin cells, followed by a massage and luxury Revitalising Mask. Finished with a varnish of your choice.

Paraffin Wax Treatment to Hands/Feet €5.00

Paraffin Wax is a very beneficial treatment, not only relaxing, but also therapeutic & Anti-ageing, warm layers of melted paraffin wax is built up to form a glove/even coverage of area being treated, as a result of the warm wax the skin is deep cleansed and softened, blood flow is increased tense muscles are soothed. This is a very beneficial treatment for clients with rheumatism.

Can be added to the above treatments

Freehand Nail art per nail € 0.50

Luxury Massage & Relaxation Treatments

**For a Full Body Brush,
Add €10.00 to your massage**

Thai-Style Massage

Steam Heated Compresses filled with 14 Traditional Thai Herbs, which are amazing for their holistic approach-treating Mind, Body & Spirit, allowing the body's Capabilities of Self Healing. They nourish, moisturise, brightens & tones the skin, as well as relieving muscle tension & stress. Individual compresses given to client for home use.

Full Body Massage €60.00

Back/Neck/Shoulders & Face Massage €40.00

Hot Stones Holistic Massage

Excellent massage using warm Basalt Stones. Relaxation, muscular pain is eased instantly. A stroke with the stone is the equivalent to 5 to 10 with the hands. Circulation is boosted and an overall sense of well being is achieved. Refreshes the mind body & soul, fantastic for joint & muscle problems.

Full Body Massage €55.00

Back/Neck/Shoulders & Face Massage €35.00

Neck/Shoulders/Face Massage €25.00

Aromatherapy Body Massage

With the use of essential oils, that is blended to each individual clients needs, whether it be physical or psychological. Aromatherapy has many benefits to mind, body & soul.

Full Body Massage €45.00

Back/Neck/Shoulders & Face Massage €30.00

Neck/Shoulders & Face Massage €25.00

Full Leg & Foot Massage €22.50

Basic Body Massage

Which helps to eliminate toxins & relax muscles,
Using a pre-blended oil

Full Body Massage €37.50

Back/Neck/Shoulders & Face Massage €22.50

Neck/Shoulders & Face Massage €17.50

Full Leg & Foot Massage €17.50

All Treatments Are Available for Men

Facial Treatments

Personalised Facial €30.00

A Relaxing facial which will deeply cleanse your skin & exfoliation treatment, along with a full face, neck & shoulder massage using essential oils to compliment your skin type. A holistic mask will be mixed by hand for your individual skin type.

Paraffin Wax Facial €37.50

One of the only masks that can be used on all skin types. Anti-ageing, balances combination skin, leaves skin refreshed & younger looking skin.

Restructuring Facial €42.50

A deeper facial to give skin a deeper peel through the use of natural fruit acids, perfectly safe to the skin allowing for a more youthful glow with improved circulation. A nourishing ampoule suited to your individual skin type, is massaged into the skin for added benefit. This facial is adjusted to suit all skin types.

Coral Algae Balancing Facial €45.00

This advanced facial is ideally suited to those with dehydrated, oily & combination skin types. Absorption of impurities & excess oils from pores, while nourishment is boosted through the algae content of the mask. An ampoule is massaged into skin to balance & calm sebaceous glands.

Active Thermal Facial €47.50

Improves natural elastin within the skin, giving a more youthful appearance & an improved firmness to the skin, a deeper peel to the skin allows for the enhanced products to penetrate to a deeper layer. An Ampoule is massaged into skin for rejuvenation. This facial is suited to those skins, which lack firmness, mature skins, sun damage, and pollution

Diamond Collagen Facial €50.00

This superior facial enhances hydration levels within the skin. You will benefit from a 95% re-hydration level after just one facial. Lines/wrinkles will be less defined leaving a younger, refreshed skin. A true anti-ageing experience. This facial is designed for the more dry, dehydrated & mature skin types. Due to the immediate results of this treatment it's ideal for an instant boost.

Eye Treatments

Eyelash Perming	€25.00
Eyelash Tint	€10.00
Eyebrow Tint	€ 8 .00
Eyelash Perming & Tint	€35.00
Eyelash & Eyebrow Tint	€15.00
Eyelash Perming/Eyelash/Brow Tint	€37.50
Eyebrow Shaping	€10.00
Eyebrow Tidy	€ 6.50

Hopi Ear Candles €20.00

A Treatment that calms the mind, soothes the head and ears, ear candles have a purely physical function. A light suction action and movement of the flame creates a vibration of air in the ear candle, generating a massage like effect on the eardrum. It is soothing & helpful for earaches, headaches, stress & nervousness. Also Sinus Drainage Massage included.

Book 4 Treatments receive 1 FREE (Pre-Payment Only)

Spray Tanning

Using state of the art airbrush tanning system, you will have a body brushing to remove dead skin cells and promote an even overall tan, which is dry within 5 minutes. A great way to start or finish your holiday without the danger of the sun

Full Body Brush & Tan	€30.00
Face/Neck/Shoulders/Chest Brush & Tan	€17.50
Feet Brush & Tan	€10.00
T Shirt & Shorts Brush & Tan	€20.00

Stuck for a Party Idea? The Salon Can Help! Hen Nights / Girly Night In
Min 4 pax



Professional Hygienic & Disposable Waxing System

Full Leg	€22.50
¾ Leg	€20.00
½ Leg	€15.00
Bikini Line	€10.00
Upper Lip	€ 6. 00
Chin	€ 6. 00
Upper Lip & Chin	€10.00
Underarm	€10.00
Arms	€20.00
Eyebrows	€ 6. 50
Back	€20.00
Chest	€20.00

PHD is the safest wax system, eliminating the possibility of cross-contamination between clients. Tubes of wax are used with a specially designed applicator head, which is never inserted into a wax container and has a unique gate mechanism preventing wax from re-entering the tube.

A new applicator is used for each client.



Professional Hygienic & Disposable Waxing System

Face Body & Soul

Start with an Aromatherapy Neck & Shoulder Massage, Followed by a Personalised Facial and finish with a de-stressing foot Massage

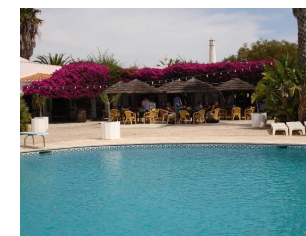
Normal Price €69 Package Price €55

Gift Vouchers Available

THE SALON

Massage & Beauty

At the
Carvoeiro Clube de Tenis
Sesmarias



Open From 9.30am to 6.00pm
6 days a week. By Appointment
Easy Parking

Tel +351 915 233 721

Or +351 933 720 057

For Massage & Beauty Treatments

Elizabeth Kershaw BB's dip