



CARVOEIRO CLUBE TÉNIS E PADEL  
Tennis • Padel • Fitness

# OUR CLUB COACHES

RACQUET SPORTS

## PADEL/TENNIS COACH

### DAREN QUILTY

**Licenses and certifications:**

- Level 4 performance coach (Tennis)
- Level 1 padel coach

**Coaching Experience:**

- I have been coaching tennis for 30 years and Padel for 2 years.

**Prices:**

- Members €45 per hour
- Non members €55 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +351 926 736 084  
**E-mail:** darenquiltytennis@gmail.com  
**E-mail:** darenquiltypadel@yahoo.com

## PADEL/TENNIS COACH

### MELISSA CAPITÃO

**Licenses and certifications:**

- Level 1 FPT
- Level 1 FPP
- Degree in physiotherapy

**Coaching Experience:**

- I have been coaching tennis for 13 years and padel for 3 years.

**Prices:**

- Members €45 per hour
- Non members €55 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +351 967 746 035  
**E-mail:** mctennispadel@gmail.com

## PADEL COACH

### ANDRÉ FILIPE CARVALHO COSTA

**Licenses and certifications:**

- Coaching level (Padel Coach level 1)

**Coaching Experience:**

- 2 years

**Prices:**

- Members €45 per hour
- Non members €55 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +351 914 634 886

## TENNIS COACH

### NABIL LABABEDI

**Licenses and certifications:**

- LTA Level 2, PTR High performance, PTR adult development
- Ex world ranked Junior player #740 (Doubles)

**Coaching Experience:**

- I have been coaching tennis for 21 years, coaching in USA, UK, Dubai & Portugal.

**Prices:**

- Members €50 per hour
- Non members €60 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +351 914 072 910  
**Email:** Lababedi@hotmail.co.uk

## TENNIS COACH

### MAXIME VAN EENENNAAM

**Licenses and certifications:**

- Dutch Federated license A+B

**Coaching Experience:**

- I have been coaching tennis for 5 years.

**Prices:**

- Members €45 per hour
- Non members €55 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +31 6 34443093

## TENNIS COACH

### CÉSAR MIGUEL

**Licenses and certifications:**

- LTA Level 3 Tennis Coach • GPTCA Level C – ATP Certified
- Degree in Sports Management (Universidad Europea / Universidad Real Madrid)

**Coaching Experience:**

- 2 years – Congleton Lawn Tennis Club, England
- 1 year – Carvoeiro Clube de Ténis e Padel, Portugal

**Prices:**

- Members €45 per hour
- Non members €55 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +447908314324 (WhatsApp)  
**Tel:** +351 928 291 543 - Portuguese number  
**Email:** Cesar.tenniscoach@gmail.com

## TENNIS COACH

### JAKE ARMSTRONG

**Licenses and certifications:**

- Level - LTA level 3

**Coaching Experience:**

- I have been coaching tennis for 5 years.

**Prices:**

- Members €45 per hour
- Non members €55 per hour
- For each person extra in the lesson, you add 5€

**Contact:**

**Tel:** +351 919 839 251  
**E-mail:** jakedavisarmstrong@gmail.com